

My la, river right inflow of Odra river, watercourse flowing out near Rychnów, municipality of Barlinek, at the height of 70 above the ground. Total length: 95,6 km, river basin area: 1334 km². estuary by Chlewice village, according to administrative division it runs through municipalities of Barlinek, Lipiany, Mylibórz, Lubiszyn, Dobno and Boleszkowice.

The upper current flows through the territory of the preserved area of Myliborsko-Barlinecki Lake District, the middle current flows through another protected area of Wysoczyzna Gorzowska, and the lower current and the estuary is placed in Landscape Park of the Warta estuary.

Nature of the River and Valley of My la river::

Arable lands and grasslands, fresh and mixed coniferous forests mainly with pines, ash and alder marshy meadows, European beech, wild serviceberry, common yew,

Birds: kingfisher, stock pigeons, black stork, red necked grebes, cranes, black and red kites, tawny owls..

Animals: bats, beavers, crested newts. Apart of the typical forest animals there are otters and mud turtles, and majority of the typical river fish. Trout breeding.

History: The first record in 1232 as the border between the regions: Kostrzyn and „Terra Chinz”(Kinicki). In the mid of the 13th century My I was the border the Wstpomeraia and Wielkopolska. During the reign of Prince Barnim I (1227-1278) territory between My la and lower Warta was the place of the fights of Pomeranian people, who wanted to conquer it.

In 1232, Prince wielkopolski Władysław Odonic gave to the Templar Knights 1000 fiefs of the land on both sides of My la River, in 1234, Pomeranian Prince Barnim I gave the Templar Knights 200 fiefs of the land north of My la, in 1235, both these decisions were approved by Pope Innocent IV,

In 1261, the truce between the Brandenburg Margraves and the Templar Knights left some of the land by My la to Margraves (from Chwarszczany (commandory) to Gudzisz).

In the years 1340-45 after dissolution of monastery Hospitalier Knights of St. John the Baptist monastery took over the land and later in 1540 on the basis of the treaty with Margrave John from Kostrzyn the land became the public property with the government in Chwarszczany.

In 1755, on order of King Fryderyk II the steelworks in Reczyce were established and powered by the waters of My la, in 1856, it consisted of 4 departments producing sabres

And 2 departments producing rods, it employed 26 people. In 1786 the lower current of the river was settled from Buszów to the estuary.

In 1758 before the battle in Sarbinowo on 24 August The Russian Army took positions between Chwarszczany and Gudzisz with its right wing by My la. On the same day 2 column of the Prussian army approached My la as well, the headquarters of King Fryderyk II was the windmill by My la belonging to Dobno Neudammer Mühle, Prussians rebuilt the bridge destroyed by the Russians on My la river and the following night crossed it and marched towards Sarbinowo, where the battle began on 25 August 1758.

At present there are 6 small hydro-electric power stations: Barnówko, Dargomy I, Chwarszczany, Gudzisz, Reczyce and Namylin.



BICYCLE TRAIL OF HISTORIC AND NATURAL VALUES "ALONG THE MYŚLA RIVER"



The route starts or ends in the village of Jelice situated 5 km from the town of Lipiany, at the sign at the Lipiany - Barlinek road nr 126.

We head towards Lipiany and after riding for 200m turn to the left into a country road. We ride across the fields and forested area. After approximately 1.1km we reach the fork of the road and turn to the right, 200m further we enter a local asphalt road, leading through the village of Przekop (municipality of Mylibórz). We ride through the village, chapel on the right side of the road. Then approach the asphalt road leading to Lipiany, and turn to the right. In Lipiany at the first roundabout we turn to the left and behind the Mylibórz Gate we ride into Okrzei Street. At the end of the street we reach the crossing with Jedno ci Narodowej Street and turn to the left into that street. We ride through the Pyrzyce Gate and turn to the right into Górna Street, then we take the first turn right into Tadeusza Kościuszki Street and from this street we turn to the left into Opatowska Street. The Street will lead us to Wolności Square from which we turn to the left into Jedno ci Narodowej Street.

After approximately 1km ride along Jedno ci Narodowej Street we turn to the left and cross the route 3(E65). Further on we cross the railroad and reach the village of Osetna. Departing the village we turn to the left just before the forest and ride along a country road. We follow the blue trail along the lakeside of lake Chłop and arrive at a stopping-place between lakes: Chłop i Grochacz (WC and a place for a campfire). We turn to the right from the blue trail into the road made of concrete slabs, and later onto the country road leading to the village of Mironów.

In the village behind the big cross we ride into an asphalt road. At the first crossing we turn to the right and head for the village of Derczewo, following the blue trail again. At the first crossing in Derczewo we turn to the left heading for Mylibórz. At the crossroad in Sitmo we turn to the left and ride to Otańów. We ride through the village, in the center we turn to the right, the direction to Kierzków. We cross the nearest crossroad and ride along Road nr128 to Rów.

On the way we turn to the left into a country road leading to Jezierzycze. We ride along fish ponds. At the fork of the road we can turn to the left to a stopping-place by the Mylibórz. After coming back from the stopping-place we turn to the left and ride along the country road and later along the cobbled road until we arrive at Kruszwin. We turn to the right into an asphalt road, ride through Listomie and reach the crossroad on the way from Mylibórz to Chojna where we turn to the left heading for Mylibórz. We ride into Mylibórz following the valley of horse-chestnuts. By the Bus Station the cycling trail forks and we can choose two options; either the alternative trail described at the end of the guidebook (in this case you should turn to the left to the town center) or follow the right trail and turn to the right, ride through the railroad heading for Dębno. We leave Mylibórz and head for Dębno. In Wierzbica, we turn to the left into a local asphalt road. We go across the town and on the first fork of the road we turn to the right into a local asphalt road. We arrive at Wierzbówek, we go straight entering a dirt road.

On the crossing of the track roads we go straight and we reach a parking place on the Białe lake. Behind the lake we turn to the right and we continue on the track road. After about 2km we enter a break stoned road and we reach an asphalt road into which we turn to the left and we head for Mystki.

In Mystki we turn to the right near the crucifix and we reach. Dolsk. Here the trail is connected with alternative route running from Mylibórz of the other bank of the Myla river. We go straight on the crossing in the center of the village and we go ahead along the green trail. Having passed the bridge on the Myla river we head for Barnówko. We pass track of forest with the majority of coniferous trees. On the crossing with



the Dębno - Gorzów road we go straight. We pass an oil and natural gas mine. Going along the fence of the mine we enter a track road and we reach Wiśtaw going through the track offroad.

We turn to the left into an asphalt road in this village. We cross the bridge on the Myla river, the village of and we enter Mostno. Going ahead on the crossing

with the Witnica - Dębno road we turn to the left. We cross the subsequent bridge on the Myla river and we turn to the right into a track road and we head for Bogusław (red trail). Then, on reaching a paved road we turn to the right. We cross the green belt. On the right we have a parking place. Continuing on the red trail we reach a crossing and we turn to the left. Before arriving at Cychry we cross a railroad and we head for that village. Having reached an asphalt road we turn to the right and we go across the village. We go straight across the crossing with the Kostrzyn-Dębno road. We continue through the forested area and we arrive at Dargomyśl, where we turn to the left. On the crossing with the Szczecin-Kostrzyn road we turn to the right arriving at Chwarszczany. On the fork of the roads we turn to the left heading for Porzeczce. On departing the village we turn to the left heading for Gudziisz and then we arrive at Reczyce.

In Reczyce we turn to the right, we cross the bridge on the Myla river and we turn to the left on the crossing with the asphalt road. We cross the railroad and we arrive at Namylin. We arrive at the crossing where the trail is divided into two branches: to the right to Chlewice, and to the left to Kostrzyn. Turning to the left we cross the Myla river and arrive at Kalesko.

We arrive at Kostrzyn going across Szumiłowo district. We turn to the left into the Namylińska street, and we arrive at the cemetery of Stalag IIIB. Going along the following streets: Szumiłowska, Łączna, Lipowa, Asfaltowa, Orta Białego, Niepodległości we reach a roundabout, where we turn to the right and we head for border crossing to Germany.

ALTERNATIVE TRAIL

Additional, optional trail Starts in Mylibórz and ends In Mostki when it joins the above mentioned basic trail. In Mylibórz, by the Bus Station we turn right and follow the main street (Bohaterów Warszawy Street) through the town center. Behind the medieval town gate (Nowogardzka Gate of the 14th century) we turn right the direction to Gorzów. After passing the railroad and windmill we take the turn right towards Myliborzyce.

An asphalt road will lead us to the village centre and further to the village od Staw. After passing the church in the centre of the village we turn to the left. At the roundabout we head right towards Smoliny. The road runs through the forest. At the crossroad we turn right. The trail goes through Gajewo straight ahead towards Mystki. If anybody is interested can also turn to the left to Lubiszyn.

Before Mystki we cross the bridge on Myla River. In the village centre by the Cross we turn to the left at the place where the Basic Trail meets the Alternative Trail.